

Light Up for Mito



20 September 2025

Light Up for Mito is a global campaign hosted by International Mito Patients (IMP) involving illuminating landmarks in green to raise awareness of mitochondrial disease (mito).

How You Can Help:

- **Buy a Green Lightbulb:** Illuminate your room, house, or porch.
- **Inspire Your Community:** Encourage your neighbours to participate too.
- **Make a Difference:** Together, we can create a powerful impact and raise awareness for mitochondrial disease.
- **Get Involved:** Share photos on social media using #LightUpForMito

Find out more at
mitopatients.org/light-up-for-mito



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