

# Light Up for Mito



**20 September 2025**

**Street 22,  
City in front of Building 1  
18:00**

[name of landmark] is joining landmarks around the world in Light Up for Mito to raise awareness about mitochondrial diseases (mito).

Mito can affect any organ and cause any symptom at any age.

Mito is a set of genetic disorders which rob the body's cells of energy, often causing multiple organ dysfunction.

**Post your photo using #LightUpForMito**

Find out more at  
[mitopatients.org/light-up-for-mito](https://mitopatients.org/light-up-for-mito)



**WORLD  
MITOCHONDRIAL  
DISEASE WEEK**